

# What's your most essential piece of jewelry?

Imagine you're taking a spur-of-the-moment trip and only have time to grab one piece of jewelry before you leave. Aside from your wedding or engagement ring, what would you take? Experts say your choice is worth its weight in gold - because it reveals the qualities you value most about yourself! "Since ancient times, humans have imbued jewelry with an almost mystical importance, an unspoken expression of the personal values, strengths and status we hold dear - and that's just as true today as it was in the past," says jewelry expert Judi Anderson of [www.jewelryexpert.com](http://www.jewelryexpert.com). So choose your must-have piece - and discover what makes you a golden girl!



## NECKLACE

**YOU'RE A SENTIMENTAL ROMANTIC!**

"Our surveys show necklaces have more sentimental value than any other type of jewelry, whether they're a gift from a loved one, a treasured heirloom or a precious reminder of the things we value most," reports Anderson. "Combine that with the fact that the neck is a distinctly feminine area, and you have a piece of jewelry that's most often favored by women who take pride in their gentle, romantic side." Of course, you're modern women, not a damsel in distress, but you do enjoy feeling feminine and pretty. Your motto? You go, girl! - because you know that true confidence lies in being true to who you are!



## WRISTWATCH

**YOU'RE A CONSCIENTIOUS LEADER!**

"Folks who just can't exist without their watch tend to be the grown-ups of the world: thoughtful, conscientious and big believers in following the rules. These are the reliable people who make society run for others," says Anderson. You know that those who play by the rules always win out in the end - and that's why you're such a glittering success!



## RING

**YOU'RE A FAITHFUL TRADITIONALIST!**

It's an unbroken circle—a symbol of eternity, faithfulness and bonds that can't be broken. For thousands of years, rings have been used to signify faith, tradition and inclusiveness—think wedding rings, class rings and the rings worn by kings and religious figures. "That's why if a ring is important to you, odds are you're a solid traditionalist with strong, proud values and cherished ties to the past," says Anderson. You love your home, country and family, and you believe in doing things the old-fashioned way. Your graciousness, discretion and loyalty are appreciated by everyone who knows you—and your traditional values help you stay content in today's ever-changing world!

## EARRINGS

**YOU'RE A PRACTICAL ACHIEVER!**

"Earrings are most often the choice of busy, high-achieving, practical women who juggle lots of responsibilities and need instant, distraction-proof polish," says Anderson. But that's not the only reason you never leave home without them: studies show earrings also draw people's focus to your face - and with your quick mind and achievement-oriented personality, that's just where you want it! Folks see you as a bright, motivated doer - the kind of person they'd rely on to get anything accomplished!



## BRACELET

**YOU'RE AN OUTGOING CHARMER!**

Your hands are how you interact with the world, whether you're shaking hands, typing an e-mail, cooking for your family, or any number of other "hands on" activities. "If you like to keep them decorated with a highly visible item like a bracelet - which studies indicate is much more noticeable than a ring or a watch - chances are you're an extroverted charmer who loves to be right in the center of the action," says Anderson. Your count-me-in attitude means you're always in the know - and in demand!

